

UPPER HAWLEY

- Please brush your Upper Hawley daily with your toothbrush and water or mouth wash (Do not use tooth paste as it will scratch and stain the retainer).
- Take your retainer out for eating and brushing. Store your retainer in your case when you are not wearing it.
- Store your retainers out of reach of pets (especially dogs!).
- In the event of illness (eg. Flu), when you may not feel like wearing your retainer for a couple of days, store it in a glass of water. Your retainer is designed to be in a moist environment (your mouth!), so if it is left in your case for longer then 24 hours, it can dry out, become distorted, and no longer fit properly. Do not store your retainer in mouth rinse.
- If your retainer breaks, or doesn't seem to fit properly, please let us know. We will accommodate you as soon as possible. Thank you for your co-operation.
 - **For <u>lost</u> retainers there will be a minimum charge of \$200**

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