



## ***FORSUS***

- The Forsus appliance is designed to work like permanent elastics. It improves the relationship between your upper and lower jaws, which helps correct your overbite.
- There will be a normal adjustment period of a few days that may involve some discomfort. It is recommended to have soft foods while adjusting.
- The appliance allows for normal opening while eating and speaking. However, it is recommended that you do not open really wide while the appliance is in place.
- Take care to avoid hard and sticky foods. Remember to brush, floss and rinse regularly.

