



## ***PENDULUM APPLIANCE***

- This appliance is designed to move your upper molars back. This creates space to allow us to bring your front teeth back and correct your bite.
- Typically the pendulum is worn for 4-6 months.
- You may feel pressure on your upper teeth when the appliance is inserted and activated for 3-5 days.
- Brush and rinse your teeth and the appliance on the roof of your mouth 2-3x daily.
- Please call our office if you have anything loose or broken.

