



NANCE APPLIANCE

- This appliance is designed to move your upper molars back, creating space for us to move your front teeth back to help correct your bite.
- Typically the Nance appliance is worn for 4-6 months. You may feel pressure on your upper teeth for 3-4 days.
- Small springs will be placed on the wires to move your teeth back. These are a very important part of your treatment. If you lose the springs please call the office.
- Brush and rinse your teeth and the appliance on the roof of your mouth 2-3x daily.
- Please call our office if you have anything loose or broken.